

# PAC/LTC

## Post-Acute & Long-Term Care ECHO



### HELPING PAC/LTC PROVIDERS IMPROVE HEALTH OUTCOMES FOR RESIDENTS

The University of Missouri has developed an ECHO to support providers and administrators at PAC/LTC facilities and organizations. This new PAC/LTC ECHO establishes a virtual learning community to promote delivery of high-quality, evidence-based care that improves patient health outcomes. The ECHO's collaborative and interactive online learning sessions focus on infection prevention and management, including COVID-19 pandemic response and recovery. PAC/LTC ECHO experts offer learning sessions **every 2nd and 4th Thursday from 9:30 to 10:30 a.m.**

### GOALS AND OBJECTIVES

- Promote infection prevention, management and safety measures to protect residents and staff, including education and training on COVID-19 outbreak management, vaccine options, administration, safety and side effects.
- Address physical and mental health of staff and residents to optimize well-being and outcomes and promote an age-friendly health system.
- Understand the impact of disparities on health outcomes as related to the COVID-19 pandemic.
- Implement quality assessment and performance improvement strategies to improve clinical outcomes and resident quality of life.

### MEET THE EXPERT TEAM

**Lea Brandt**, PhD, OTD, MA, OTR/L, Director, MU Center for Health Ethics, University of Missouri School of Medicine

**Kent Kirkwood**, MS, LHA, Executive Director, Lenoir Woods

**Angela Sanford**, MD, Geriatrician/Medical Director, St. Louis University School of Medicine

**Lisa Wilson**, MSN, RN, AGNP-BC, APRN, University of Missouri Sinclair School of Nursing

**Amy Vogelsmeier**, PhD, RN, FAAN, Nursing Home Quality, Practice and Systems Expert, University of Missouri Sinclair School of Nursing

**Lori Popejoy**, PhD, RN, FAAN, Nursing Home Quality, Practice and Systems Expert, University of Missouri Sinclair School of Nursing

**Marla Berg-Weger**, PhD, LCSW, Social Worker, St. Louis University School of Social Work and Gateway Geriatric Education Center

**Susan Elliott**, DNP, APRN, FNP-C, Nurse Practitioner, St. Louis University

### LEARNING AND DISCUSSION TOPICS

- Post-Vaccination Practices
- Ongoing COVID-19 Identification and Treatment
- Vaccinations: Confidence, Testing, Logistics, Ongoing Compliance and Complications
- Emotional and Organizational Support for Staff
- Addressing and Supporting Needs of Residents, Families or Care Partners
- Stopping the Spread (Infection Control)
- Leadership Communication for COVID-19
- Leadership Behaviors to Support Teams: Teamwork, Roles, Psychological Safety
- Review quality improvement tools and practices to optimize resident care

### WHAT DOES THIS ECHO OFFER?

- No cost continuing education for professionals
- Collaboration, support and ongoing learning from PAC/LTC experts
- Patients get better care in their community
- No cost to participating sites or individuals



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