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| Offerings Support Group  |
| for Covid-19 related Grief & loss |
| EnvelopeRamanda.Brockett@moshowmehope.org  | This is a FREE virtual support group for friends, family, and care team members who have experienced Covid-19 related grief and loss. We will meet weekly for 6 one-hour sessions and draw from mindfulness, expressive therapies, and solution-focused therapy techniques to guide our discussion in support of each other.  |
| Click the link to register [https://covid19supportgroup.eventbrite.com](https://covid19supportgroup.eventbrite.com/) | Tuesdays @4:30pmBegins Tuesday, January 19th  |
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