

Introducing the new **ONLINE**
version of the **ELDA**
for busy LTC professionals!

Enrollment now open at
[nursingoutreach.missouri.edu!](http://nursingoutreach.missouri.edu)

**MU Enhanced Leadership
Development Academy
for Long Term Care**

**DHSS
SUPPORTED**

**50
Contact
Hours**

RNs • NHAs • Social Workers

*A professional development certificate program
offered by the University of Missouri*

- A proven curriculum to improve leadership behaviors.
- Enhanced knowledge and skills you can immediately apply to your work setting.
- Flexible certificate program to help you build the self-confidence, talents and persistence you need to lead a top performing team.
- Eleven year proven track record with documented results, hundreds of graduates and life-changing testimonials.

Offered over 5 months: May to October, 2018

**There are two required face-to-face sessions in
Columbia: May 18 (First Day); October 19 (Last Day)
Remainder of course is online.**

Introducing the new ONLINE version of the ELDA

**MU Enhanced Leadership Development
Academy for Long Term Care**
RNs • NHAs • Social Workers
*A professional development certificate
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TUITION
\$1,000*
\$500*

**50
Contact
Hours**

*Thanks to support from the Missouri Department of Health and Senior Services, this proven certificate program is offered at a 50% reduced fee for employees of Skilled Nurse Facilities.

See inside for program details and registration!


University of Missouri
Nursing Outreach
S266 School of Nursing Building
Columbia, MO 65211-4120


Sinclair School of Nursing
University of Missouri Health

PRESENTED BY
MU Nursing Outreach: Where continuing
education and continuing competency meet

Target Audience

RNs (do not have to be a DoN), NHAs and Social Workers. We highly encourage the RN-NHA leadership team to enroll together to foster the team's ability to make sustainable improvement in their organization. However, individual enrollment is accepted.

Features

- Innovative and evidence-based curriculum.
- Strong focus on application to practice and peer consultation.
- Graduates receive a certificate from the University of Missouri and stand out for achieving this designation.
- Show Me PIPS and Best Practices - Share your organization's success and learn from others.
- The LPI - evidence-based leadership assessment instrument and professional development planning package with one on one consultation.

CE Credit

50 contact or clock hours for RNs, NHAs and Social Workers.
CE Credit for \$10 per contact/clock hour.

Faculty

- **Project Director:** Shirley Farrah, PhD, RN-BC
- **Lead Faculty:** Alexis Roam, MSN, RN-BC, QCP
- **Faculty Associate:** De Minner, BSN, RN, Certified Dementia Care Mapping Instructor
- **Faculty Associate:** Barb Primm, BSN, RN-BC, LNHA
- **Guest Presenters:** Recognized state and national experts

**To register or for more information contact:
MU Nursing Outreach
at nursingoutreach.missouri.edu or email
nursingoutreach@missouri.edu
or call 573-882-0215**

Topics

- Leadership for High Performing Nursing Homes:
 - Management Practices
 - The Key to Quality
 - The RNs Role - Lessons from Patient Safety
 - The Resilient Leader
- The Leadership Challenge & Leadership Practices Inventory
- Successful Surveys & MO DHSS, CMS Updates
- Art & Science of Leadership & Management
- Coaching, Counseling and Conflict
- Leading & Sustaining Change
- Leading High Performing Teams in LTC
- A Team Approach to QI including Performance Improvement Plans
- Influencing Up
- Managing Different Generations
- Creating & Leading Patient-Centered Care
- Financial Considerations for LTC Leaders
- Staff Engagement & Meaningful Work

Proven Outcomes

- Measurable improvement in falls, staff retention, communication, incontinence, re-hospitalization, and more.
- Retention rate of graduates up to 18 months after completion of the program exceeds state and national averages.
- Significant increase in confidence to lead.
- Significant increase in leadership behaviors.
- Enriched and expanded peer networks.

Cost

- \$500*/\$1000 - 50 hour course with 2 face-to-face days in Columbia (12 hr.) and the remainder online (38 hr.), binder for course materials, 2 books, the LPI, CE credit for RNs, NHAs and Social Workers.
- May be paid in 2 separate payments.



*The reduced fee of \$500 is available to individuals employed in Skilled Nursing Facilities since the support for this Academy is provided by CMP funds designated for Missouri SNFs. All others are WELCOME but need to pay the \$1,000 fee which equates to \$20/hour for CE credit.



Graduate Testimonials

I really enjoyed the time focused on culture change. I also appreciated the time spent discussing inspection readiness. I just had my first inspection in my current role, and . . . I know that portion of the class really did help me do as well as I did. The nurses say that I am the best at correcting them and helping them see what they did wrong, how to prevent it and why it is important-- without making them feel judged. I know leadership helped foster that skill. — RN, Special Care Coordinator

I have learned so much about my own leadership style and how others view my leadership skills. My ah-ha moment was the class on generational differences and how to manage each one differently. It gave me a whole different perspective on managing the millennials and I have learned to think differently when supervising them. We have restructured our schedule, and staff appreciation program a bit different since. — NHA, COTA/L, RN Senior

Most importantly I observed other participants struggling with the same issues I have repeatedly been dealing with in the areas of staffing, compliance, and learning how to provide the best possible atmosphere for my facility residents. Learning that I am not alone with these struggles has been liberating. After absorbing the reading materials, presentations, and working on the PIPs, I am still learning to incorporate ways to integrate different approaches to improve my facility standards and compliance issues... I personally have gained self-confidence in operating my facility, solving staffing issues by educating and engaging my employees with problem solving skills, open discussions, and the ELDA staff recommendations. I am very thankful for this experience to observe, gain different perspectives, as well as receive a wealth of knowledge through the presentations and resources made available in the training sessions. — RCF II (Owner/Administrator)

The course was excellent in that it covered so many important aspects of leadership. As a strong advocate for person-centered care, I was very excited to hear at the very first session, how vital relationships are in long-term care! — Nursing Home Administrator

This class really opened my eyes to the differences among the generations and learning how to make the values and opinions all work together for a more productive team. The selected reading materials were ideal for all the topics we discussed and brought a lot of self-reflection. This course helped me to realize my strengths and weaknesses as a member of management. I now look at my staff more as my team and am learning to include them as much as possible in decisions made. — RN BSN, Clinical Nurse Manager