

Section for Long Term Care Regulation Provider Meeting, Fall 2017

Medication Pass Regulations for State Licensed Only Facilities

- ▶ 19 CSR 30-86.042 (51) {RCF I}, 19 CSR 30-86.043 (49) {RCF II}, and 19 CSR 30-86.045 (46) {ALF}
- ▶ The administrator shall develop and implement a safe and effective system of medication control and use
- ▶ 19 CSR 30-86.042 (52) {RCF I}, 19 CSR 30-86.043 (50) {RCF II} and 19 CSR 30-86.047 (47) {ALF}
- ▶ Medication Orders

Medication Administration-Safe and Effective Objectives

- ▶ What the Inspector Looks for During a Medication Pass
- ▶ Common Medication Timing Errors
- ▶ Insulin Administration
- ▶ Clarifying Orders
- ▶ Other Factors to Consider

Medication Administration–Safe and Effective

- › Does the medication and dose match the POS/MAR
- › Is the medication given at the correct time
- › Does the staff follow infection control standards
- › How are medications stored and secure

Safe and Effective system for administration (cont'd)

- › Do staff watch the residents take their medications
- › Is the L1MA certified to give insulin (if applicable)
- › Do staff crush, break, or score medications
- › How staff react if a resident who refuses a medication, is out on unplanned leave, or refuses a meal after insulin is given

Interviewing residents about medications

- › Are there any problems with your medications?
- › Do you get your meds on time?
- › Is there someone you can ask about your medications?
- › Are you aware of the medications you are prescribed?

Staff Interview and Observations

- › Inspectors may ask staff about proper medication administration techniques, such as how they use an insulin pen or an inhaler
- › Inspectors may follow up with staff and residents about PRNs
- › Inspectors may ask staff about an order or a medication dose
- › Inspectors will follow up with comments made by residents during the medication pass, such as "I would like a pain pill."

What Records Will Be Reviewed

- › MAR/TAR/POS are all reviewed
- › Do the records match
 - Does the MAR contain required information; initials, reason for giving PRN, effectiveness of PRN, etc?
 - Qualifications of staff that conduct monthly recap
- › Are physician orders added to the MAR when they are received

Common Timing and Other Errors

- › Some medications have specific instructions for administration:
 - On a full or empty stomach (with food)
 - Shortly before eating (ac)
 - Before bed (hs)
 - Check vital signs before administration and hold when.....
 - Self-administration of medications- and all that goes with it

Insulin Administration

- ▶ Can be given by a L1MA
- ▶ L1MA cannot give any other type of injections
- ▶ Manufacturer's instructions must be followed
- ▶ Must document when a new insulin bottle is opened
- ▶ Policy or physician's orders regarding when to call the physician for out of range blood sugars

Clarifying Orders

- ▶ All clarifications with the physician should be documented in the nurse's notes
- ▶ Clarify the orders when:
 - You have any questions ????
 - A telephone/fax/handwritten order is not legible
 - A physician's order is unclear- (Give every PM with breakfast)
 - The order on the medication card/bottle doesn't match the POS/MAR

Other Factors to Consider

- ▶ The facility's medication system must be safe and effective
- ▶ Are medications set up in advance of administration (shift before)? If set up in advance what factors are in place to ensure safe and effective administration?
- ▶ Manufacture's inserts can be found online or are available through the pharmacy
- ▶ The resident's physician and pharmacist, and the facility's nurse can be great resources if a medication-related question arises


