


Path to Safety, Minimal Assistance, More than Minimal Assistance



RCF – Path to Safety

19 CSR 30 – 86.042(28) and 86.043(25)

- ▶ All residents shall be physically and mentally capable of negotiating a normal path to safety unassisted or with the use of assistive devices. 86.042(28) also includes a timeframe of 5 minutes to negotiate a path to safety
- ▶ Path to safety is a statutory requirement (law), therefore, SLCR cannot grant exceptions to the requirement. SLCR can only grant exceptions to regulations.

RCF – Path to Safety

- ▶ Resident must negotiate a path to safety unassisted
 - Receives no prompts – verbal or physical
- ▶ Assistive devices
 - Assistive devices cannot be another resident, family, private caregivers or staff
 - Assistive devices are devices that allow resident to negotiate a path to safety unassisted, such as a walker

RCF – Path to Safety

- ▶ 86.042(28) Includes timeframe for negotiating a path to safety
 - Residents must negotiate a path to safety within five minutes of being alerted of the need to *evacuate the facility*
- ▶ 86.042(1)(C) – Evacuate the facility – moving to an area of refuge (19 CSR 30 – 86.022(1)(B)) or from one smoke section to another or exiting the facility

ALF

- ▶ Assisted Living Facilities –
 - All ALFs must comply with requirements at 19 CSR 30–86 .047
 - ALFs that care for residents requiring more than minimal assistance must also comply with the requirements at 19 CSR 30–86.045
 - ALFs requesting this designation on their license are noted as a ALF Option 2 ** on the Show Me Long Term Care Website – this is so the public is knowledgeable of the level of services that may be provided

ALF – Definition of Minimal Assistance

- ▶ 19 CSR 30 – 86.047(4)(J)
The criterion which determines whether or not staff must develop and include an individualized evacuation plan as part of the resident’s service plan
 - Minimal assistance may be the verbal intervention that staff must provide for a resident to evacuate the facility
 - Minimal assistance may be the physical intervention that staff must provide, such as turning a resident in the correct direction, for a resident to initiate evacuating the facility.

ALF - Definition of Minimal Assistance

19 CSR 30 - 86.047(4)(J)

- ▶ A resident needing minimal assistance is one who is able to prepare to leave and then *evacuate the facility* within five (5) minutes of being alerted of the need to evacuate and requires no more than one (1) physical intervention and no more than three (3) verbal interventions of staff to complete an evacuation of the facility
 - 19 CSR 30-86.047(4)(F) - Evacuating the facility - moving to an area of refuge or from one smoke section to another or exiting the facility

ALF - Definition of Minimal Assistance

19 CSR 30 - 86.047(4)(J)

- ▶ The following actions required of staff are considered to be more than minimal assistance:
 - Assistance to traverse down stairways;
 - Assistance to open doors; and
 - Assistance to propel a wheelchair

ALF - More than Minimal Assistance

- ▶ Must comply with requirements at 19 CSR 30-86.047 and all requirements at 19 CSR 30-86.045

ALF – More than Minimal Assistance

- ▶ 19 CSR 30–86.045(3)(A)(5) – Each resident who requires more than minimal assistance must have an individualized evacuation plan (IEP) as part of their individualized service plan (ISP)

- ▶ 19 CSR 30–86.045(2)(C) – IEP – A plan to remove the resident from the facility, to an area of refuge within the facility or from one smoke section to another within the facility.
 - The plan is specific to the resident's needs and abilities based on the current community based assessment.

Individualized Evacuation Plan

- ▶ 19 CSR 30–86.045(3)(A)(6) IEPs must include:
 - Responsibilities of specific staff positions in an emergency specific to the individual
 - The fire protection interventions needed to ensure the safety of the resident
 - Evaluate the resident for:
 - location within the facility and the proximity to exits and areas of refuge
 - risk of resistance
 - mobility and the need for additional staff support
 - consciousness
 - response to instructions, alarms and fire drills

Individualized Evacuation Plan

- ▶ 19 CSR 30–86.045(3)(A)(6) IEPs –
 - Must be amended or revised based on the ongoing assessment of the needs of the resident

 - Employees with specific responsibilities shall be instructed and informed regarding their duties and responsibilities under the resident's evacuation plan at least every six months and upon any significant change in the plan

 - IEPs must be readily available to all staff

ALF – More than Minimal Assistance

- ▶ Staffing – The facility staffing must reflect the amount of staff necessary to evacuate all residents. The facility should have an overall evacuation plan addressing evacuation of all residents as well as individualized evacuation plans for each resident requiring more than minimal assistance

ALF – More than Minimal Assistance

- ▶ Staffing
 - Facilities are responsible for providing the appropriate staffing to meet the needs of the residents
 - Facilities cannot require families, private duty caregivers or other residents to assist with an evacuation