

Welcome

It is time to discover new experiences at the NHA Oktoberfest Conference!

The conference will be held October 14-16, 2015 at the Hilton Branson Convention Center. The purpose of the activity is to enable the learner to acquire/increase knowledge and skills to better care for the elderly. Expert speakers will get you recharged while providing the latest information on hot topics in long-term care.

Target Audience: Nursing Home Administrators

Location:

The Hilton is a beautiful hotel located at the Branson Landing. You can take the short walk across the street to shopping, dine and to watch entertainers. There are more than 15 restaurants within walking distance and dozens of retail stores. You can zipline or take a waterfront balloon ride all right there at The Landing! Visit <http://www.bransonlanding.com/> for more information.

Hilton Branson Convention Center
200 East Main Street
Branson, MO 65616
417-336-5400 for reservations

A limited number of rooms have been blocked at a special rate of \$129 per night for single/double occupancy. This room rate does not include sales or lodging tax. When making your reservation be sure to mention the "MLFN" code to receive the discounted rate. Reservations must be made by September 15.

Registration: Send registration form and fees to:
MLN, 604 Dix Road, Jefferson City, MO 65109.

Telephone 573-635-5355 and faxed 573-635-7908 registrations must be charged by Discover/MC/Visa. You may register and pay online at www.mlnmonursing.org. We cannot bill you. Onsite registrations will be allowed, based on availability.

Cancellation: There is a \$50 non-refundable cancellation fee. No refunds for cancellations made less than five business days prior to the conference. Cancellations must be received in writing. No refunds or credits will be made if registrant fails to attend. Substitutes are allowed.

Handouts will be emailed prior to the program. It is your responsibility to print off the handouts and bring them with you to the conference, or if you prefer store them on an electronic device and bring your computer with you. Internet is not provided in the meeting rooms.

Miscellaneous: Contact the MLN office to arrange for special ADA needs or dietary needs. Bring a sweater or jacket due to varying meeting room temperatures.

Continuing Education: 14.25 clock hours (4.5 PC and 9.75 A) has been requested to the Missouri Board of Nursing Home Administrators, #TA-044-716.

Schedule at a Glance

Wednesday, October 14

12 – 12:30 p.m. Registration
12:30 – 5 p.m. Sessions

Thursday, October 15

8 a.m. – 12:30 p.m. Sessions
12:30 – 1:45 p.m. Lunch
1:45 – 5:30 p.m. Sessions

Friday, October 16

8 – 11:15 a.m.

SAVE THE DATE

**Oktoberfest 2016, October 12-14
Hilton Branson Convention Center**

Wednesday, October 14

12 p.m. **Registration**

12:30 – 1:30 p.m. **Rethinking Supplements** (1 PC clock hour)

Speaker: Kyndra Hamblin RD, LD, Martin Brothers Distributing Co., Kansas City, Missouri

Supplements are often the first line of defense when a resident in a health care community loses weight or is nutritionally compromised. This session will offer creative approaches that focus on real food. Get a handle on costs and maximize each bite offered.

1:30 – 1:45 p.m. **Break**

1:45 – 3:45 p.m. **Compliance Update: Enforcement Tools and Trends** (2 A clock hours)

Speakers: Markus Cicka, Stinson Leonard Street, St. Louis, Missouri

Nursing home company enters \$48 million settlement...Rehab company enters \$30 Million settlement...Nursing home CEO personally liable for \$1 Million... The latest compliance enforcement headlines hit close to home. This presentation will illustrate why—and what you can do about it. Learn about the changing landscape of compliance enforcement, and what penalties might look like with and without a compliance program. We will discuss the latest compliance risks, and strategies to help you address them. This presentation will address CMS' increasing use of the Medicare Payment Suspensions, plus OIG audit targets identified in the 2015 OIG Work Plan.

3:45 – 4 p.m. **Break**

4 – 5 p.m. **Hydration Pursuit** (1 PC clock hour)

Speaker: Kyndra Hamblin RD, LD, Martin Brothers Distributing Co., Kansas City, Missouri

Hydration is a team effort and needs to be looked at as a preventative measure. Review what hydration is, what causes it, and what it can cause! Join with us as we discuss ways you can boost your own hydration program in fun, but successful ways. End the session by playing our game: Hydration Pursuit that you can take back to increase your staff's knowledge on the topic, as well as tap into their competitive side!

5 p.m. **Adjourn**

Thursday, October 15

8 – 9:30 a.m. **Leadership that Works: What can We Learn from 25 Million Employees** (1.5 A clock hours)

Speaker: Al Litwiller, Consultant, Litwiller Consulting, Chicago, Illinois

According to ongoing Gallup polls, 30% of employees are actively engaged at work, 50% are not engaged, and 20% are actively sabotaging our efforts. Gallup has interviewed over 25 million employees to determine what drives and stops employee engagement at work. During this session we will learn the 12 measures to determine how we can improve our leadership skills.

9:30 – 10 a.m. **Break and Network with Exhibitors**

10 – 11 a.m. Missouri Department of Corrections Puppies for Parole (1 A clock hour)

Speakers: George A. Lombardi, MS, Director, Missouri Department of Corrections, Jefferson City Missouri and Judy Finnegan, MS, Vice President, Human/Animal Interaction, COMTREA Community Health Center, Arnold, Missouri

Director George A. Lombardi of the Missouri Department of Corrections will present the "Puppies for Parole" program. Puppies for Parole (P4P) began in Missouri in 2010 and can now be found in 19 of the 20 prisons in Missouri. Director Lombardi will discuss the history of Puppies for Parole, how the program works and the many success stories since its inception. Judy Finnegan will discuss the Advanced Puppies for Parole Program and share stories of some very special working dogs. P4P has far surpassed any expectations that were held early on. It has met the initial goals to reduce euthanasia and provide positive offender programming.

11 – 11:15 a.m. Break and Network with Exhibitors

11:15 a.m. – 12:30 p.m. Update from the Missouri State Board of Nursing Home Administrators (1.25 A clock hours)

Speaker: Sally McKee, Board Coordinator, Missouri Board of Nursing Home Administrators, Department of Health and Senior Services, Jefferson City, Missouri

This session will provide updates on board activities, administrator licensure, disciplinary issues, and how to prepare for new emerging issues regarding long-term care administration. You won't want to miss this update!

12:30 – 1:45 p.m. Lunch and Network with Vendors

1:45 – 4:15 p.m. Resident to Resident Altercations (2.5 PC clock hours)

Speaker: Rhonda Uhlenbrock, LNHA, Program Development, Villa Marie Stonebridge Community, Jefferson City, Missouri

This interactive session will relate chronic traumatic encephalopathy (CTE) to football and hockey. A special guest speaker, an athlete with CTE, will share his story. Causes and conditions will be discussed as well as a "noise" demonstration and communication techniques will be given.

4:15 – 4:30 p.m. Break

4:30 – 5:30 p.m. Module: Maintenance and Testing of Sprinkler Systems (1 A clock hour)

Speaker: Skip Johnson, SimplexGrinnell, Kansas City, Missouri

In this module we will discuss the importance of maintaining water based fire sprinkler systems and how sprinkler system neglect can affect the systems from operating as they were originally designed and approved. This module will incorporate NFPA 13 & NFPA 25.

5:30 p.m. Adjourn

Friday, October 16

8 – 9:30 a.m. Effective Teambuilding: What can Health Care Learn from the Military

(1.5 A clock hours)

Speaker: Al Litwiller, Consultant, Litwiller Consulting, Chicago, Illinois

As good as we may be as supervisors, there is simply no way we can care for all of our residents by ourselves. We need to build a team with everyone (employees, residents, and families) pulling the same way. During this session we will learn the greatest roadblocks to teambuilding and the proven methods of building that team that we need to deliver exceptional care.

9:30 – 9:45 a.m. Break

9:45 – 11:15 a.m. Stress Management: Do I Have to Go Back to Work Now (1.5 A clock hours)

Speaker: Al Litwiller, Consultant, Litwiller Consulting, Chicago, Illinois

According to recent polls, 70% of people say they feel stress every day, 75% say stress prevents them from enjoying life. 50% of nurses report being abused at work during the past month. Stress is like blowing a breath of air into a balloon. Either the balloon pops or we learn to let air out of the balloon. During this session we will learn the proven methods of managing the stress in our lives according to current research. Humor plays an important role in this enjoyable process.

11:15 a.m. Adjourn



Missouri League for Nursing

Nursing Home Administrator Oktoberfest Conference October 14-16, 2015, Branson, Missouri

Name _____ MLN ID# _____

Home Address _____ Home City, State, Zip _____

Home Phone _____ Cell Phone _____

Position _____ Credentials _____

Place of Employment _____ Employer MLN ID# _____

Work Address _____ Work City, State, Zip _____

Work Phone _____ Email _____

Confirmation, handouts, evaluation, and certificates will be sent via email. If you do not provide an email address, you may not receive these important items.

Registration Fee	Member	Nonmember
Postmarked on/before September 14	<input type="checkbox"/> \$280	<input type="checkbox"/> \$355
Postmarked after September 14	<input type="checkbox"/> \$380	<input type="checkbox"/> \$455
Postmarked after October 7	<input type="checkbox"/> \$405	<input type="checkbox"/> \$480

Check method of payment. Check Enclosed Discover/MC/Visa Total Enclosed \$ _____

Card # _____

Exp. Date _____ 3-Digit Security Code _____ Billing Zip Code _____

Name on Card _____ Signature _____

Return registration form and payment to: Missouri League for Nursing | 604 Dix Road | Jefferson City, MO 65109
573-635-5355 | 573-635-7908 fax | www.mlnmonursing.org