# **Registration Form** 24th Annual MLN Institute for **Nursing Home Administrators** March 5-7, 2015

(Detach & return—Print legibly or type)

Name and Credentials

Home Address

Last four digits of your SS#

Home City, State, Zip
Home Phone
Cell Phone
Home Email
Place of Employment
Position
Work Address
Work City, State, Zip
Main Work Phone
Work Fax #
Work Email (Confirmations, handouts, evaluations, and certificates will be sent via email.)
(Confirmations, handouts, evaluations, and certificates will be sent via email.)  Please check the appropriate box below and enclose payment:
Postmarked by 2/6  □ \$395 Member □ \$495 Nonmember
Postmarked after 2/6  □ \$445 Member □ \$545 Nonmember
Postmarked after 2/26  □ \$470 Member □ \$570 Nonmember
Please check method of payment. We cannot bill you.  ☐ Check Enclosed ☐ Debit Card
☐ Discover/MasterCard/Visa Total Enclosed \$
Card #
Exp. Date3-Digit Security Code
Exp. Date3-Digit Security Code  Zip Code of Credit Card Billing Address
Zip Code of Credit Card Billing Address

# **Registration Information**

**Discount for Early Registration!** 

Register by February 6, 2015 and SAVE!

Registration: Register via mail, phone, fax, or online.

Missouri League for Nursing

604 Dix Road, Jefferson City, MO 65109 Phone: 573-635-5355; Fax: 573-635-7908

Online: www.mlnmonursing.org

Payment is due at the time of registration.

Program Includes: Specified meals and handouts via

Confirmation: You will receive a confirmation via email. Please provide a current email address on the registration form

Cancellations: There is a \$50 non-refundable cancellation fee. No refunds for cancellations made less than five business days prior to the conference. Cancellations must be received in writing. No refunds or credits will be made if registrant fails to attend. Substitutes are allowed

Miscellaneous: Treasury Regulation 1.162.5 permits an income tax deduction for educational purposes. Contact the MLN at least one week PRIOR to the program to arrange for ADA or dietary needs. Bring a sweater or jacket due to varying meeting room temperatures. Daily rates available, contact the MLN office.

## Location

# Camden on the Lake

2359 Bittersweet Road, Lake Ozark, MO 65049

From Hwy. US-54, take Business 54 (Bagnell Dam Blvd) exit leading to Bagnell Dam. Cross dam and go through business area to stop light. Turn RIGHT at light onto Horseshoe Bend Parkway or Route HH and travel to Bittersweet Road. Turn RIGHT onto Bittersweet Rd, then travel 2.6 mi to the H. Toad's Entertainment Complex. Visit www.camdenonthelake.com for additional information.

A block of rooms have been reserved at the special rate of \$89 per night. This room rate does not include sales and lodging tax. To make your lodging reservations, call 888-365-5620. Be sure to mention the MLN to receive the discounted rate. If reserving online, use group code MOLN0315. Reserve your room by February 16, **2015**, to ensure the discounted rate.



Caring | Integrity | Diversity | Excellence

# 24th Annual **MLN** Institute for Nursing Home Administrators

March 5 - 7, 2015



604 Dix Road | Jefferson City, MO 65109 573-635-5355 | 573-635-7908 fax www.mlnmonursing.org

Missouri League for Nursing 604 Dix Road Jefferson City, MO 65109

The 24th Annual MLN Institute for Nursing Home Administrators will provide nursing home administrators with the essential information needed to effectively serve long-term care residents and successfully perform their leadership role and job responsibilities. This program was specifically designed to provide nursing home administrators with 20 hours of CE including patient care hours within 2 ½ days.

## Thursday, March 5, 2015

8 a.m. Registration

8:30 a.m. – 12:15 p.m. (3.5 PC clock hours) (15 minute break included)

# Pieces of the Puzzle-Developing a Person Centered Dementia Program

Speaker: Mary Stassi, RN-BC, LNC, LNHA, Executive Director, Americare, St. Peters, Missouri

This session is designed to assist the health care professional working with individuals with dementia to develop or enhance their activities through a resident centered approach to programming. This program will be high energy and interactive.

12:15 – 1 p.m. Lunch (provided)

1 p.m. – 2:30 p.m. (1.5 A clock hours)

#### **Culture Change: Regulatory Citations**

Speaker: Sam Plaster, BA, State Culture Change Coordinator, Missouri Department of Health and Senior Services, Jefferson City, Missouri

We like culture change, but what about the surveyors? This session will include a review of the core principles of culture change, including examples of regulatory citations related to failure to implement culture change principles. How these principles apply to individuals with guardians will also be discussed.

2:30 – 2:45 p.m. Break

2:45 – 5:15 p.m. (2.5 A clock hours)

### **Revolutionizing the Dining Experience**

Speaker: Amy Reaman, RD, LD, MPS, Training, Support & Development Specialist, Health Technologies, Inc., St. Louis, Missouri

The Merriam-Webster dictionary defines culture change as "modification of society through innovation, invention, discovery, or contact with other societies." Are you ready for a culture change-food revolution? In this session, participants will analyze the role of

food service, conceptualize dining expectations, and evaluate dining service practice standards to create the ultimate recipe for success.

### Friday, March 6, 2015

8 - 11:15

(3 A clock hours) (15 minute break included)

#### Valuing Vulnerability

Speaker: Anna Lehrke, MHR, Executive Director, Care Beyond Words, Defiance, Missouri

Recent social research is inviting us to rethink vulnerability, not as weakness, but rather our greatest source of strength. As leaders in long-term care, our capacity to embrace vulnerability, in ourselves and others, serves as the foundation for improving the quality of life for residents as well as staff. If we fail to embrace what is fragile in ourselves, our capacity to be patient and compassionate with the fragility in others will be diminished.

11:15 – 11:30 a.m. Break

11:30 a.m. – 12:30 p.m.

(1 A clock hour)

Break

### Regulatory Update from the Section for Long-Term Care Regulations

Speakers: Kristen Edwards, Administrator; and Shelly Williamson, Deputy Administrator, Section for Long-Term Care Regulation, Missouri Department of Health and Senior Services, Jefferson City, Missouri

This session will focus on recent and upcoming regulatory changes that have an impact on long-term care communities. Changes in both state and federal arenas will be discussed.

12:30 – 1:15 p.m. Lunch (provided)

1:15 p.m. – 2:45 p.m. (1.5 A clock hours)

# **Customer Service and Sensitivity Training in Our Community**

Speaker: Kimberly Newell, RN, WCC, Assistant Director of Nursing, Bishop Spencer Place, Kansas City, Missouri

This interactive presentation will put you into situations/obstacles that your residents experience every day. We will focus on alterative options you can use to effectively care for residents in a patient centered manner; and enhance conflict resolution throughout your team.

2:45 - 3 p.m.

3-5 p.m. (2 A clock hours)

### **HIPAA/HITECH: Protecting Patient Privacy**

Speaker: Denise Bloch, Counsel, Sandberg Phoenix & von Gontard P.C., St. Louis, Missouri

This presentation will provide a HIPAA refresher and discuss the impact of the HITECH Act's final rules implemented in 2013. We will discuss your responsibilities as a covered entity and the impact on the business associates with whom you work. We will discuss best practices, implementing proper policies, and procedures and the proper protocol in the event of a breach.

5 – 5:15 p.m. Break

5:15 - 6:15 p.m. (1 A clock hour)

### Next Steps: Be Ready for HIPAA Audits

Speaker: Denise Bloch, Counsel, Sandberg Phoenix & von Gontard P.C., St. Louis, Missouri

What you need to know about HIPAA audits, how to get ready, and why you need to be prepared. This presentation will help you to get ready if the Office of Civil Rights knocks on your door to see if your organization is in compliance with HIPAA/HITECH.

## Saturday, March 7, 2015

8 - 10 a.m.

(2 A clock hours)

#### **Conflicts? Of Course we Have Conflicts**

Speaker: Katy Revell, RN, MS, NCACII, CPHQ, Independent Quality Advisor, Liberty, Missouri

Conflict is an unavoidable consequence of human interaction. In personal and work settings, individuals have found it helpful to understand the fairly consistent approaches they use in conflict situations. Participants in this session will explore common approaches to conflicts, identify their own typical responses, and apply these insights to working together productively. Any clinician or employee can use what they learn here to interact with residents, employees, co-workers, and in personal relationships. The presenter has an engaging and fun method of presenting this interactive session.

10 – 10:15 a.m. Break 10:15 a.m. – 12:15 p.m. (2 A clock hours)

# How and Why to Give Confirming and Corrective Feedback

Speaker: Kathy Revell, RN, MS, NCACII, CPHQ, Independent Quality Advisor, Liberty, Missouri

The most effective managerial/supervisory skill is giving timely feedback on performance. Employees want to know where they stand! In this presentation, you will practice the specific skills of giving confirming and corrective feedback. This process has been taught to thousands with excellent results!

Speaker handouts will be emailed to registrants one week prior to the conference. Late handouts will be emailed up to the day prior to the conference. Participants are asked to bring the handouts to the conference either in paper or electronic form; iPad's and laptops are encouraged and permitted in the classroom. Free WiFi is available in the meeting room. Electronic etiquette is expected and appreciated at all MLN programs.

## **CE Approval**

NHA: This program has been approved for **20 clock hours** (**16.5 A/3.5 PC**) by the Missouri Board of Nursing Home Administrators #TA-044-715.

## KANSAS NURSING HOME

**ADMINISTRATOR:** Pending approval for clock hours by the Kansas Board of Nursing Home Administrators.

Certificates will be emailed to each participant for the attended sessions within 30 days following the conference.