



Missouri League  
for Nursing

# *Director of Nursing Institute:*

*Essential Tools for the DON in Long-Term Care*

**September 23-24, 2014**

**Hampton Inn & Suites**

**St. Louis, Missouri**



# Welcome

Get ready for an energetic and eye-opening conference that will get you charged up! Tips you can take back to your home and implement right away will be shared. Whether you are a new director of nursing or a seasoned one, this conference is right for you. We will give you the confidence, knowledge, direction, and motivation needed to help you better perform your important role as a DON.

## September 23, 2014

**9 a.m.**            **Registration**

**9:30 a.m.**        **Welcome and Introductions**

*Facilitator: Joan Devine, BSN, Director of Performance Improvement, LSS Home Office, St. Louis, Missouri*

**10 a.m.**            **Interact III: Implementing the Program in Your Community (1 hour)**

*Speaker: Joan Devine, BSN, Director of Performance Improvement, LSS Home Office, St. Louis, Missouri*

Reducing unnecessarily hospitalizations is a focus that we are all being asked to look at in today's health care environment. Interact III has been recognized nationally by both nursing home and hospital leaders as a program that can help achieve this outcome. The tools and processes which make up Interact can help guide your team in developing better processes for communication, critical thinking and problem solving. In addition, there are tools that can help you track your progress and define outcomes. In the end, the benefit is more than just reducing readmission, but using Interact can help build a stronger, more person centered care team in your nursing home.

**11 a.m.**            **Break**

**11:15 a.m.**        **Survey Readiness 101 (1 hour)**

*Speaker: Dave Walker, LNHA, SBE, Long-Term Care Leadership Coach, University of Missouri Sinclair School of Nursing, Columbia, Missouri*

This session will focus on practical tips on how to prepare your own "home-specific" survey readiness manual and be one step ahead of the surveyors. You will learn common sense tips on how to prepare and manage the survey process.

**12:15 p.m.**        **Lunch (provided)**

**1 p.m.**             **Overcoming Resistance to Change: Isn't it Obvious (2 hours)**

*Speaker: Dave Walker, LNHA, SBE, Long-Term Care Leadership Coach, University of Missouri Sinclair School of Nursing, Columbia, Missouri*

Leadership skills can be a major barrier to creating and implementing Culture Change. This presentation will explain levels of resistance and how to overcome them. Examples of different leadership styles will be explained along with some strategies to overcome resistance to change.

Ideas will be presented on how to form a Culture Change Team to make transformational changes. Self-awareness of personal styles will be explained to help the participant understand how to better communicate their vision of change.

**3 p.m.**             **Break**

**3:15 p.m.**        **Time Really Doesn't Fly (2 hours)**

*Speaker: Roni Drew, Director of Nursing, Oak Tree Villas, Jefferson City, Missouri*

It has happened to everyone, you get to the end of your shift and wonder where the day went because you still haven't had time to sit down and talk to Mr. Smith. We all have a "to do list," this session will show you how to add your residents to that list.

**5:15 p.m.**        **Adjourn**

# September 24, 2014

8 a.m. Foundations for Nursing Leadership (3 hours)

*Speakers: Anna Lehrke, MHR, Executive Director, Care Beyond Words, Defiance, Missouri*

Nursing leaders do more than delegate and direct, they help others achieve their highest potential. Through a combination of educational and facilitated group activities, participants will strengthen their skills in coaching, effective communication, team building, diversity, and leading change.

11:15 a.m. Break

11:30 a.m. Lunch (provided)

12:15 p.m. Understanding Health Care Reform (2 hours)

*Speaker: Linda Hagler-Reid, MBA, LNHA, President and CEO, LRH Consulting, St. Louis, Missouri*

This session will provide the history that created the need for health care reform, how health care reform impacts the day-to-day lives of providers, and how to plan a future that will allow providers to successfully navigate the changes that have been brought on by health care reform. At the conclusion of this session the attendees will have an understanding of their role in this navigation process.

2:15 p.m. Break

2:30 p.m. On Your Mark, Get Set, GO! (1 hour)

This closing session is a time to share thoughts on how to use the information learned and reflect on some of the lighter moments of the conference and leadership in general.

3:30 p.m. Adjourn

## General Information

**Registration:** Send registration form and fees to: MLN, 604 Dix Road, Jefferson City, MO 65109. Telephone 573-635-5355 and faxed 573-635-7908 registrations must be charged by Discover/MC/Visa. You may register and pay online at [www.mlnmonursing.org](http://www.mlnmonursing.org). We cannot bill you. Onsite registrations will be allowed, based on availability, with payment of fees plus an additional \$25.

**Cancellation:** No refunds or credits will be made if registrant fails to attend. There is a \$25 nonrefundable cancellation fee if MLN is notified two weeks prior to the program. If cancellation notice is received after this date no refund or credit will be given; however, you may send a substitute.

**Program Includes:** Handouts via email and lunch both days.

**Handouts** will be emailed one week prior to the program. It is your responsibility to print off the handouts and bring them with you to the conference, or if you prefer store them on an electronic device and bring your computer with you. Internet is not provided in the meeting rooms.

**Miscellaneous:** Contact the MLN office to arrange for special ADA needs. Bring a sweater or jacket due to varying meeting room temperatures.

**Certificate of Attendance:** A certificate of attendance will be emailed to you within 30 days of the conference. Attendance will only be awarded for the sessions attended.

# Location

This conference will take place at:

## Hampton Inn & Suites

#5 McBride and Son Center Drive  
Chesterfield, Missouri

Phone: 636-530-0700

When booking your sleeping room, you must request the "Missouri League for Nursing" group room rate to receive the discounted rate of \$95 per night plus tax. You must book your room by August 31 to receive this rate.

# DON Institute 2014

Name \_\_\_\_\_ Last Four Digits of your S.S. # \_\_\_\_\_

Home Address \_\_\_\_\_ Home City, State, Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Position \_\_\_\_\_ Credentials \_\_\_\_\_

Place of Employment \_\_\_\_\_ Work Address \_\_\_\_\_

Work City, State, Zip \_\_\_\_\_ Work Phone/Fax # \_\_\_\_\_

Email \_\_\_\_\_

*\* Handouts, evaluation, and certificates of attendance will be sent via email.*

| Fees:   | <u>Member</u> | <u>Nonmember</u> |
|---|---------------|------------------|
| <input type="checkbox"/> Postmarked on/before September 5 | \$305         | \$405            |
| <input type="checkbox"/> Postmarked after September 5     | \$355         | \$455            |

Check method of payment.  Check Enclosed  Discover/MasterCard/Visa Total Enclosed \$ \_\_\_\_\_

Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_ 3-Digit Security Code \_\_\_\_\_

Zip Code of Credit Card Billing Address \_\_\_\_\_ Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

Return registration form and payment to:

Missouri League for Nursing, 604 Dix Road | Jefferson City, MO 65109

573-635-5355 | 573-635-7908 fax [www.mlnmonursing.org](http://www.mlnmonursing.org)