

# professional education classes

The Alzheimer's Association Education Institute (AAEI) offers many innovative ways to fulfill staff development needs, learn person-centered caregiving practices to enhance staff knowledge, and obtain state-required dementia training. For more information or to register visit [www.alz.org/stl](http://www.alz.org/stl) or call 800.272.3900.

## Train the Trainer: Building Creative Caregivers®

(FEATURING UPDATED CURRICULUM) This is an advanced training for those who want to share their knowledge about Alzheimer's within their community. Attendees will learn how to teach others about the disease process, communication and behavior, intimacy and sexuality, person-centered care theories and activities, and how to include families into the caregiving team. Manual and training CD are included to help plan in-services. Registration capped at 20.

**Friday, Jan. 31 | 9 a.m.–4 p.m.** (registration: 8:30 a.m.)

Chapter Office | 9370 Olive Blvd., St. Louis, MO 63132

Tuition: \$300

Presenters: Jan McGillick, MSW, LNHA, Education Director  
Tiffany Phillips, BA, AAEI Professional Education Coordinator

**Friday, May 9 | 9 a.m.–4 p.m.** (registration: 8:30 a.m.)

Chapter Office | 9370 Olive Blvd., St. Louis, MO 63132

Tuition: \$300

Presenters: Jan McGillick, MSW, LNHA, Education Director  
Tiffany Phillips, BA, AAEI Professional Education Coordinator

## Teaching Hand in Hand: An Interactive Workshop

Designed to empower educators as they utilize the new CMS training series in their communities. This class will explore the contents of six modules that cover dementia, person-centered care and abuse prevention. Strategies on teaching adult learners and extracting information for an in-service will be covered. Attendees will have the opportunity to teach activities and get feedback from Association trainers. CMS Toolkit required for class; please bring your own copy. Registration capped at 20.

## Teaching Hand in Hand: An Interactive Workshop (continued)

**Friday, Feb. 7 | 8:30 a.m.–3:30 p.m.** (registration: 8 a.m.)

Chapter Office | 9370 Olive Blvd, St. Louis, MO 63132

Tuition: \$50

Presenter: Tiffany Phillips, BA,  
AAEI Professional Education Coordinator

## Understanding Dementia: Quality Care Basics

This program provides skills and information necessary in caring for people with dementia. This program is ideal for nurse aides and homecare staff, and it meets **Missouri-mandated dementia training requirements**. Registration capped at 50. Continental breakfast provided.

**Thursday, March 13 | 9 a.m.–1 p.m.** (registration: 8:30 a.m.)

Madison County Medical Center

611 W. Main St., Fredericktown, MO 63645

Tuition: \$20

Presenter: Tiffany Phillips, BA,  
AAEI Professional Education Coordinator

**Thursday, March 27 | 9 a.m.–Noon** (registration: 8:30 a.m.)

Presbyterian Manor at Rolla

1200 Homelife Plaza, Rolla, MO 65401

Tuition: \$20

Presenter: Tiffany Phillips, BA,  
AAEI Professional Education Coordinator

**Friday, June 13 | 9 a.m.–Noon** (registration: 8:30 a.m.)

Chapter Office | 9370 Olive Blvd., St. Louis, MO 63132

Tuition: \$20

Presenter: Tiffany Phillips, BA,  
AAEI Professional Education Coordinator

Additional education opportunities on back.

## REGISTRATION

For additional information or to register for a program, visit [www.alz.org/stl](http://www.alz.org/stl) or call 800.272.3900.

### How To Do More With Less: Strategic Planning for a Dementia Activity Program

This interactive class is designed to assist anyone who is providing activities to elders within any care setting. Learn a systematically easier way to develop meaningful and purposeful activities, based on an individual's desires, when there is not a lot of time or money to spend! Many examples will be provided.

**Friday, March 21 | 9 a.m.–Noon** (registration: 8:30 a.m.)

Bonhomme Presbyterian Church  
14820 Conway Road, Chesterfield, MO 63017

Tuition: \$25

Presenter: Zoe Dearing, BME-MT,  
AAEI Professional Education Coordinator

Complimentary breakfast is courtesy of



### E-LEARNING COURSES



essentiALZ™ is an on-line certification program for individuals to be recognized for learning quality dementia care practices. This program combines select HealthCare Interactive CARES online dementia care training with Alzheimer's Association certification exams. Learn more at [alz.org/stl](http://alz.org/stl).

### ADDITIONAL EDUCATION

Join the Alzheimer's Association as we partner with other agencies for education programs and conferences.

#### Dementia: Early Detection & Intervention

This conference is geared toward physicians, nurses and health-care providers. Learn the latest research findings related to pre-dementia symptoms and early detection, assessment, and intervention.

Presented in partnership with the Alzheimer's Association St. Louis Chapter, Dept. of Internal Medicine Division of Geriatrics and Dept. of Neurology and Psychiatry, Div. of Geriatric Psychiatry, and Saint Louis University School of Medicine.



#### Dementia: Early Detection & Intervention (continued)

**Saturday, March 22 | 7:30 a.m.–Noon**

Saint Louis University  
Margaret McCormick Doisy Learning Resources Center  
3545 Vista Ave., St. Louis MO 63104

Register: [aging.slu.edu](http://aging.slu.edu)

**Presenters: Dr. John Morley, SLU  
Dr. John Morris, Washington University ADRC  
Dr. George Grossberg, SLU**

#### Advanced Dementia: Using the Senses to Enhance Memory Connections - MLN Spring Workshops

This interactive workshop will focus on the reasons why people with dementia are sensory deprived, techniques and approaches that can be used by all staff to enhance memory connections and the current research that indicates why this is possible. Also discussed will be the most common (and unintentional) mistakes that care partners make. Emphasis will be placed on the use of storytelling, music, and other sensory related approaches and techniques.

**9 a.m.-3:30 p.m.** (all three classes)

**Tuesday, March 18 |** Chateau Girardeau, Cape Girardeau

**Thursday, April 3 |** Phelps County Regional Medical Center, Rolla

**Thursday, April 17 |** Mineral Area College, Park Hills

Register: [mlnmonursing.org](http://mlnmonursing.org)

#### Know Me Through My Eyes: Enriching End-of-Life Dementia Care

**Back by popular demand (with NEW sessions).**

This full-day seminar, based on Dr. Tom Kitwood's *Six Needs of People with Dementia* is designed for ALL professional caregivers in both hospice and long-term care. Thought provoking topics include holistic and enlightening ways to foster life enriching relationships, for both the person with dementia needing care, as well as the professional care partner who is providing it.

**Friday, April 4 | 9 a.m.–3:30p.m.** (registration: 8 a.m.)

Orlando Gardens

2050 Dorsett Village, Maryland Heights, MO 63043

Register: [mohospice.org](http://mohospice.org)

### HELPING YOU

The Alzheimer's Association is the world leader in Alzheimer's care, support and research. We are here anytime, day or night, to help you and the families you serve.

24/7 Helpline: 800.272.3900 | Website: [www.alz.org/stl](http://www.alz.org/stl)

### GET INVOLVED

Join the Walk to End Alzheimer's and unite in a movement to reclaim the future for millions. Start a team. Join a team.