



## Bent-Wood Nursing Center

In November 2011, I visited Bent-Wood Nursing Center. Bent-Wood is a 76-resident Medicare/Medicaid certified skilled nursing home located in Florissant. They are on the culture change journey and they actively participate with Missouri's culture change coalition, MC5.

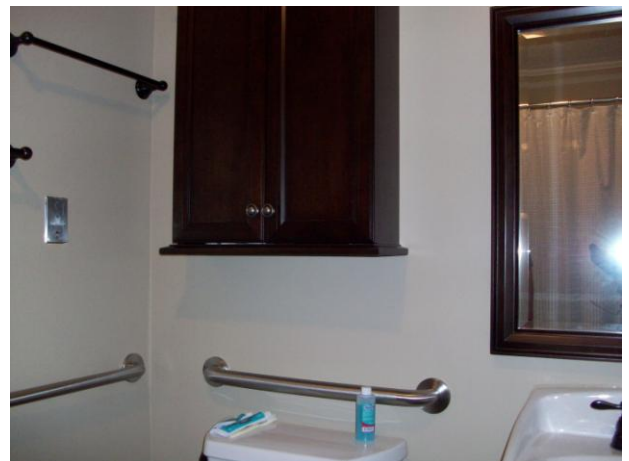
*Bent-Wood Nursing Center*

They have private and semi-private rooms, as well as privacy-enhanced shared rooms. Residents are encouraged to furnish and decorate their rooms as they wish, including having their own mini-refrigerators. Residents can also have their own pets if they wish; however, there were none when I was there.



*Hallway to resident rooms*

Staff members are consistently assigned. Residents receive bathing assistance based on their preferences. Snacks are available at all times at no extra cost. They also offer aromatherapy.



*Recently remodeled private bathroom*

They are in the process of making several changes. They have purchased a new wireless call system and will be doing away with overhead paging once it is installed. Each resident will have a bracelet that serves as a call button. The system will alert all nursing staff of the call and will identify the resident's location.

Future plans include redesigning the dining area and adding a fireplace and book case to the community room. They also plan on removing the nursing station, building shelves for charts, and adding a work desk. They are already working on improving meal choices.



*Walk-in shower in private bathroom*



*CNA Chasity Baskin*

During my visit, I met CNA Chasity Baskin. Ms. Baskin has worked there for a year and three months. She previously worked at two other nursing homes. She loves working there and especially enjoys the homelike environment. She said everyone gets along well and everybody helps everybody. All staff members answer call lights. Residents are given options and are made to feel as independent as possible.

I also met resident Bernard Kintz. Mr. Kintz was born and raised in St. Louis and worked as a receiving clerk at Shaughnessy, Kniep, Hawe Paper Company for 38 years. He has been married for 38 years and has four children. In his spare time he enjoys doing charity work for the Knights of Columbus. He lives about 15 or 20 blocks from Bent-Wood. He is residing at Bent-Wood for short-term rehabilitation after falling off a chair and breaking his leg while changing a light bulb. He told me that the therapy is excellent and he especially enjoys the food.