



Cypress Point

In June 2011, I visited Cypress Point, which is a 72-resident Medicare/Medicaid certified skilled nursing home located in Dexter. Administrator John Langley showed me around. In addition to being the Cypress Point Administrator, he serves as the MC5 regional coordinator for the southeastern region.

They have a table near the main entrance for a resident volunteer who serves as their greeter. Just down the hallway there is another table where another resident displays and sells her homemade jewelry. Unfortunately, they were both away and I was not able to meet them.



Door Greeter Table



Resident's Jewelry Table

Person centered care is a priority at Cypress Point. Mr. Langley told me about going to a resident's house to dig up and bring her irises to the nursing home to transplant them for her. He also told me about a resident who was a national polka dancer, and how their staff members played polka music and danced for her while she was dying. When new residents move to Cypress Point, they have a welcome get together for them. They serve donuts and other refreshments. They have 18 private rooms. The only restriction they have on residents' furnishings and decorations is that they must have the space needed to provide necessary care. Many residents have their own small refrigerators.



Resident Sarah Mossman's artwork, displayed in her room



They have open-dining. Residents wake up when they choose. When they get to the dining room, an aide takes a meal ticket to their table, their meal choices are circled, and their breakfast is cooked to order. The residents love fresh fruit, so they have a fruit of the day that is taken around on a cart and served in the evenings. They are starting a culinary club to work on their menus.

They have an activity room/malt shop that is equipped with a kitchenette that can also be used by family members.



Activity Room/Malt



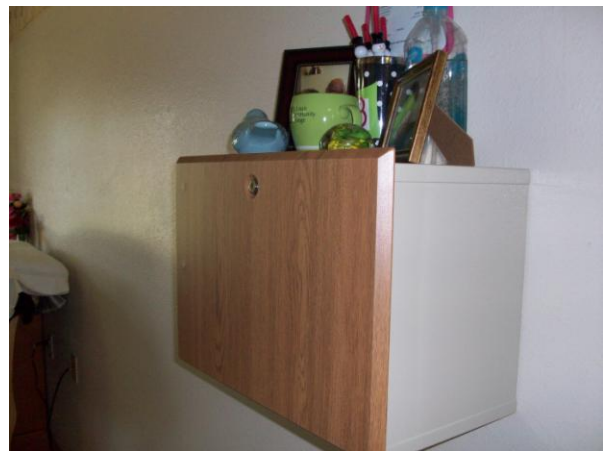
There is also a private dining room for special meals with family members.



Private Dining Room

Residents can have the type of bath they choose, when they choose it. They have a towel warmer for the residents' comfort. Medications are stored and administered in resident rooms.

Residents enjoy an array of activities, including outings to restaurants and the garden club. They have a 99-year-old resident, George, who gardens. They also have an outdoor dog, Sophie.



Medication Cabinet in Resident Room

They have a television in a common area that has a video running on a continuous loop that features "then and now" photos of their residents. There were also posters displayed that featured residents. Some posters were made by staff members and others were made by resident's family members. They have been cross-training their employees to serve as universal workers for the past two years. Their CNAs attend care plan meetings. They have learning circles with staff and residents. They have provided supervisors with pagers, which has helped to pretty much eliminate overhead paging.



Resident Catherine Barnes

During my visit, I met resident Catherine G. Barnes, who had lived at Cypress point for over a year. Her husband also lived there until his death about six months ago. They were married for 68 years. She showed me a photo collage with photos of their 68th anniversary celebration, which her granddaughter made. She and her husband were wheat and bean farmers and owned a small farm north of Catron in New Madrid County. She told me how she enjoys visiting with other residents in the dining room. Some of the residents' family members bring in big containers of watermelon. They enjoy the watermelon and each other. She also showed me jewelry that she makes and enjoys giving away to other residents.



Photo Collage Displayed in Resident Catherine Barnes Room



Jewelry that resident Catherine Barnes makes to give to other residents